

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Esna de Smidt

Has successfully participated & completed the

7km Women Rock - Trail Run presented by Navworld

held at Ingaadi Spa.

**TIME** 01:05:47

**PACE** 09:22/km

OVERALL 69 of 204

**GENDER** 51 of 161

40 - 49 5 of 31

28 August 2016, Sun

Date



Bout Time
Signature